Double Award for the Dementia Team!

The Dementia Team have reason to celebrate as they have been the recipients of two awards this Autumn!

In September the team were finalists in the Dementia Friendly Kent Awards hosted by the Dementia Action Alliance. The team were nominated for the award for “Best Dementia Friendly Organisation” (more than 50 employees). Their nomination was as a result of their work implementing the Dementia Virtual Tour, John’s Campaign, the Forget-Me-Not symbol, culture change and their fundraising support for the Dementia Appeal. The ceremony, hosted by Shaun Williamson (aka Barry from Eastenders!), took place at the Mercure Hotel in Maidstone.

The team received the Trust Award for “Fundraisers of the Year” for the work they have been doing for the Dementia Appeal. Between them they have helped to raise thousands for the cause, as well as offer invaluable advice on where the money should be spent. The Appeal’s current fundraising total is £132,500!

Congratulations!
How do you support good dementia care?
By taking into consideration my failings, I try to support good dementia care by supporting our staff in any small way that I can.

To give you an example, I once supported good dementia care on the ward by providing another level of emotional, spiritual and religious care to a patient’s daughter, who had sat diligently with her dying mother for a week. During this period, we met regularly, shared coffee, reflected on her mother’s life and finally we held a bedside ‘letting go’ prayer service in which the daughter prayed for and blessed her mother.

I feel that when her mother died, collectively the staff had provided the best possible care throughout and this greatly assisted the daughter in the grieving process, both before and after.

Tell us about when a situation went well...
My funniest time and best time was when I was caring for a patient in the community. One day I asked him what day of the week it was. After some time he said “Monday” - “Not bad,” said I “it’s Wednesday!”

Next I asked him what month are we in - again after some time he said “June” - “Not bad” said I “it’s August!”

Then I asked him “Jim, tell me, what’s the Prime Minister called?” (It was in fact Tony Blair).

Quicker than a speeding bullet he replied “He’s called a so and so…..”

Followed by a great chuckle all round.

If you had one wish for our dementia patients within the hospital what would it be?
My wish is for a cure of their ailment, so that they may return home and enjoy life to its fullest.

Lord-Lieutenant presents Ann with her BEM
On Thursday 11th October Ann McGovern BEM, Dementia Associate Practitioner for the William Harvey, was officially presented with her British Empire Medal.

The ceremony took place at Penshurst Place, near Tonbridge, home to the Lord-Lieutenant of Kent, Viscount De L’Isle (pictured), who hosted the event.

Ann was recognised for Services to the Community of Folkestone. This is due to her tireless charity work and support for the Folkestone area. Ann who has worked for the Trust for 16 years, runs a twice-monthly youth group in Folkestone, she is also part of a Residents’ Group, runs a Community Garden and is a Folkestone Lion. Over the past eight years alone she has raised approximately £40,000 for charity.

Ann tweeted:
Today I had my investiture I am now an official owner of a BEM. #proud @EKHUFT so thankful to everyone who helps me with anything I do xx
The Dementia Village in Dover is named

We are pleased to announce that the Dementia Village in Dover has been given a name! From this point forward it will be known as:

**The Harmonia Village at Dover!**

Feedback from focus groups and from the project partners was that they generally did not like the word “dementia” in the title as they felt it was stigmatising. They did however like the word “village.”

This suggestion was chosen as “Harmonia” is the Goddess of Harmony and Collaboration.

The name is transferable to other parts of the country and Europe. It is hoped the project can be repeated throughout the UK.

Harmonia is the Latin name for ladybird, which gives plenty of potential for an eye-catching logo - watch this space!

Stay connected
You can now keep up-to-date with all the latest on the brand new Facebook and Twitter pages...

@HarmoniaAtDover

Harmonia means ladybird in Latin

On Friday 14th September the Dementia Team had a night out to the Marlowe Theatre to see Calendar Girls: The Musical!

The production usually collects for specialist blood cancer charity Bloodwise, but for one night only they collected for The Alzheimer Society!

Karan, Joy, Ann and Lorna got to meet leading lady Anna-Jane Casey who played Marie (pictured).

Ann, Dementia Associate Practitioner WHH said, “We felt very proud!”

Thank you to winners Helen O’Keefe, Associate Chief Nurse for Clinical Quality and Alison Guy, Service Manager for Urgent Care & Long Term Conditions, for donating your book token prizes to the Dementia Appeal. The Dementia Team has been able to purchase these books with your donations...

Thank you! The Nurses Conference took place on Friday 18th May at the Canterbury Cathedral Lodge. During the event, a competition was held to judge the best poster presentation on service improvements for EKHUFT. Prizes of Waterstones tokens were given to 1st, 2nd and 3rd place.

Calendar Girls support The Alzheimer’s Society
On Friday 18th September Dementia Champions from across the Trust met in Harvey Hall at the K&C Hospital to celebrate great dementia care and share learning. This was the first time the Dementia Team had chosen to merge their meetings which, previously were held separately on each site.

The Champions heard from 10 guest speakers from services, charities and businesses specialising in dementia care.

Gemma Rawling, Outreach Sister spoke about changes in MEWS 2.

Representatives from the Dementia Appeal, Rupert Williamson and Vicky Adley updated Champions on the story so far and plans for the future.

Darzi Fellow Jo Seeley spoke about her role and the Dementia Village, now known as the The Harmonia Village at Dover.

Aimee Day, who works for Dementia Adventure promoted the work of her charity, which offers specialist holidays for people who are living with dementia and their carers. There wasn’t a dry eye in the room when she played a film from one of their latest trips!

Fiona Hassall (pictured left) demonstrated some of the latest features of RITA (Reminiscence Interactive Therapy & Activities) which is already available for staff to use on each of our acute hospitals. Contact your Dementia Specialist Nurse for more information.

Lucy Willmott spoke about Centra Telecare and the ways in which people who are living with dementia can be kept safer in the community.

Helen Welch, Senior Nurse Manager for the Pilgrims Hospice spoke about dignity in end of life care.

Aby Evans represented the NatWest Bank. Her presentation included examples of the latest scams for people to be aware of.

Siobhan Hunt, Independent Mental Capacity Advocate spoke about ensuring people’s human rights and personal choices are maintained when they are diagnosed with dementia.

A snapshot of feedback from the breakout sessions:

**What can the Dementia Team do for you?**

Help support a change in people’s ways of thinking

Highlight to NHS bosses how important dementia support is for our patients

Help us to take risks and think differently to help make our patients with dementia thrive

Awareness of how I can contribute as an individual/professional

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Thank you to the League of Friends K&C Hospital for providing the teas and coffees - and thank you to East Kent Hospitals Charity’s Dementia Appeal for paying for the lunch! - from the Dementia Team

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New Champion Meeting Dates 2019

Following the success of this Joint Champion Meeting, moving forward all Champion Meetings will be held as joint meetings. Next year’s dates are:

Friday 8th March

Friday 6th December

Harvey Hall - Kent & Canterbury Hospital
### Dementia Virtual Tour Dates 2018 - 19

Open to anyone working within EKHUFT. Contact your Dementia Specialist Nurse to book. Sessions from 9.15am to 4.15pm

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### What is the Dementia Virtual Tour?

The **Dementia Virtual Tour** is medically and scientifically proven to be the closest that we can give a person with a healthy brain an experience of what dementia might be like. By understanding dementia from the person's point of view we can change practice, reduce issues and improve their lives.

"Scary, intimidating, confusing and a feeling of vulnerability the Virtual Dementia Tour is a ‘must have’ training for every care professional or family member who wants to understand dementia by walking in the shoes of a person with the disease."

### Meet your Dementia Team...

#### WHH

**Joy Marshall**  
Dementia Lead Nurse  
Trustwide  
joymarshall2@nhs.net  
07771 814076

**Ann McGovern**  
Dementia Associate Practitioner  
d.mcgovern@nhs.net  
07481 847174

#### K&C

**Lorna Shadbolt**  
Dementia Specialist Nurse  
lornashadbolt@nhs.net  
07964 436911

#### QEQM

**Karan Scrivener**  
Dementia Specialist Nurse  
karanscrivener@nhs.net  
07964 438094
Thank you to Minster Ward for your great dementia care!

Thank you to Inchwater Home Care for coming to visit St Augustine’s Day Room to drop off another collection of twiddlmuffs for our patients.

Introducing:
Joy Marshall, Dementia Lead Nurse and Marion Gaylor, from Carers Support Ashford are trialling a new Dementia Cafe, this time for carers of people who are living with dementia.

These Cafes will take place in the Hub at the William Harvey Hospital. They are designed to be informal and relaxed; a chance for carers to meet and learn from others in a similar situation to theirs.

If you know of a carer who could benefit from one of these cafes please pass on this information.

The first two are on a trial basis, if these are successful the Cafes will continue in the new year.

Help us to spread the word!

Thank you to Invicta Ward at the Kent & Canterbury Hospital for putting on a Halloween Party for the patients.
- Lorna Shadbolt

Dementia Carers’ Cafes

Information and advice for carers of people who are living with dementia in a relaxed setting.

Meet and learn from other people in a similar situation.

Join us at the William Harvey Hospital in the Hub - next to the Canteen
2.30pm - 3.30pm

Monday 19th November
Monday 17th December

For more information contact:
Marion Gaylor 07786 323184 Mon to Fri 8.00 - 16.00
An update on the Dementia Appeal

The fundraising total for the **Dementia Appeal** is now over £132,500

Family Fun Day

A big, big thank you to everyone who supported us with the Family Fun Day at Sandyacres Sports and Social Club on Saturday 25th August 2018. The event raised £1,216, to be split evenly (£405!) between the Dementia Appeal, the Richard Stevens Unit, specialist stroke unit at the William Harvey Hospital and the Stroke Association.

Visitors were entertained by an assortment of activities including a Dog Show, dance performances, a bouncy castle and a variety of food and goods stalls managed by staff and locals.

Particular thanks must go to Shanni McDonald, HCOOP Administrator, for organising the whole event!

Thanks also to all the stall holders, entertainers, volunteers and helpers (including Tracey Cosier, Natascha Schumacher, Joy Marshall and Ann McGovern) for making this day such a success!

Caremark Quiz

Many thanks to Caremark Thanet for your continued support of our Dementia Appeal at the QEQM. The raffle at this Quiz raised £124. This was then match-funded by Caremark, to make it up to £250!

Halloween Cake Sale

Thank you to Ann McGovern for organising another cake sale for the Appeal; this time Halloween-themed!

The event raised £225.36 for the cause, making her grand total for the year £1,738.15!

Thank you!

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You can text to donate to the Dementia Appeal

Text “EKDA01 £3” to 70070 to donate £3 to the Dementia Appeal!
Tim’s Big Swim raises £900!

Big, big thank you to Tim Scrivener, Royal Navy physical training instructor and son of Dementia Specialist Nurse for the QEQM Hospital, Karan Scrivener, for raising £900 for the Dementia Appeal!

Last summer, following months of training, Tim undertook the enormous challenge of swimming the English Channel for the Appeal. Setting off in the dark early hours of the morning, he braved jellyfish stings, strong currents, floating debris and oil slicks to help make our hospitals dementia-friendly. Unfortunately after several hours, due to severe pain in his back and hip he was forced to withdraw.

Tim said, “I am very happy that I managed to help raise money for charity and it has made me want to do more. I am gutted I never made it but raising money was definitely a success.”

Vicky Adley, Fundraising Officer said, “Although this must have been very disappointing for Tim, the money he and Karan raised will make a big difference to the Dementia Appeal, so we want to express our grateful thanks to Tim for taking on this challenge and to Karan for fundraising on Tim’s behalf. Congratulations to both of you!”

Upcoming fundraising events for your diary!

Christmas Craft Sales
William Harvey Hospital
Main Reception
Friday 16th November
Friday 21st November
10am - 3pm

Quiz Night for the Dementia Appeal
Friday 23rd November 2018
7pm for a 7.30pm start
*New location* in the Restaurant, William Harvey Hospital, Ashford
£5 per person - Teams of 6-8
Nibbles included, bring your own drink

This event is being organised by the Clinical Audit & Improvement Team.
To book your place please contact:
Allie Cigerli a.cigerli@nhs.net 723 8738