

Bonding Heart Template

Bonding Hearts need to be approximately a minimum of a 20cm Square. Any Smaller and they may become difficult to sew.

The template below will give you a heart shape of the correct size and shape. Please print as many times as needed and cut along the dotted line.

You will need two 'hearts' of material to create a single bonding heart.



**East Kent
Hospitals Charity**

Registered Charity Number 1076555