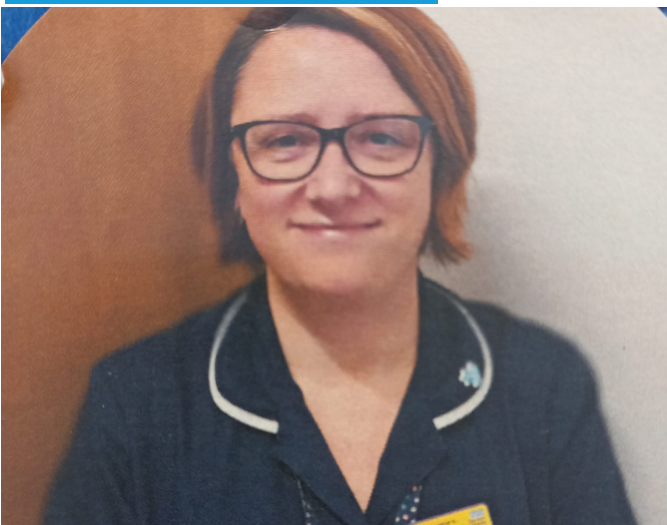


Memory Lane NEWSLETTER

LATEST NEWS FROM THE DEMENTIA TEAM

CONGRATULATIONS



Jade Garlick has now been officially crowned the new Matron of the Dementia Team and we are so pleased to have her leading the team. Congratulations to you Jade from us all!

Joy McCue wanted to say a huge 'thank you' to everyone for their well wishes, gifts and general thanks when she retired a month ago. "I was completely overwhelmed at the generosity and kindness shown to me from my colleagues throughout the trust"

Well, she's back!! Joy has returned to the team, part-time so we can still utilise her expertise. You can't keep her away!!

Glad to have you back Joy.



IN THIS EDITION:

- Music therapy sessions
- Hub re-opening
- Dementia Award
- Dorothy- star knitter!
- I pads arrival
- A special article
- Thank yous
- Charity update and more...

DEMENTIA AWARDS



The KCH Dementia award for November went to Enhanced care champion Emma from Harbledown ward. she has renewed the dementia board for all the staff to see and read and got a blue plate for a patient with decreased sight and a PLWD who was having finger foods. Emma will ask for items for the activity box when it is running low along with twiddlemuffs and blankets. She always has a smile on her face and is an asset to the ward.

Massive congratulations to Brian Endicott (theatre porter) he was awarded a certificate for his kindness to patients at the QEQM he showed all trust values and showed that the smallest kind gesture can make a huge difference to a person.



Thank you to Cathy and her fellow quilters for making the beautiful quilts for our patients that come into hospital living with dementia at the QEQM. These make a massive difference to the person and gives them that feeling of home comforts.



THANK YOU

Debbie is the Dementia Champion on Channel Day ward and we want to thank and her team for being pro-active in improving their Dementia Noticeboard and creating opportunities for other members of the team to become Dementia Friends knowing how valuable this is. We thanked Debbie and the Channel Day Team with a certificate in January 2023.



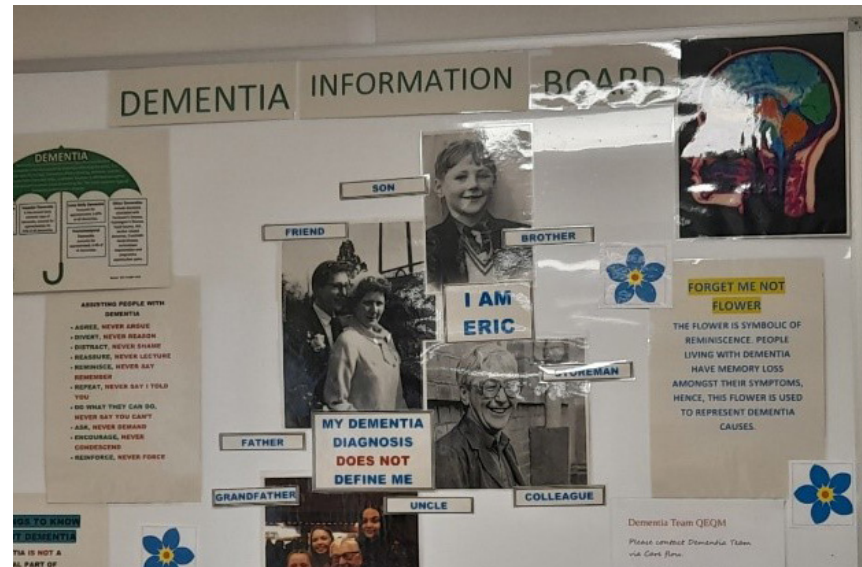
Tina and Gemma went out to visit one of our retired knitters Dorothy, she has knitted twiddle blankets and twiddle mitts for QEQM patient living with dementia, for many years.

At the ripe age of 99 years old she is now putting her knitting needles down for the last time.

Although when we visited her she had just started a new twiddle blanket. We as a team took flowers and a letter of thanks to her home.

SPECIAL RECOGNITION

There was special recognition for Cait on the frailty ward at QEQM for her updated dementia board, which helps to raise awareness and support staff in giving good dementia care.



WARD MANAGER OF THE MONTH



Tina Olver presented a 'ward manager of the month' award to Martin Daguiar on Bishopstone ward at the QEQM after his team nominated him for all his support over the festive period.

DEMENTIA TRAINING

The Dementia Team continue to offer training twice each month for staff across the Trust – please see the dates and how to book – the feedback has been great and we thank all the staff for attending and taking their knowledge back to their areas and changing the experience of PLWD across the Trust.

Dementia Education Dates
2023
Kent and Canterbury Hospital
Education Centre

Thursday 16/02/23	Friday 21/07/23
Thursday 09/03/23	Friday 15/09/23
Friday 24/03/23	Friday 29/09/23
Thursday 13/04/23	Thursday 12/10/23
Friday 21/04/23	Friday 27/10/23
Friday 12/05/23	Thursday 09/11/23
Friday 09/06/23	Friday 15/12/23
Friday 23/06/23	All sessions 9.30-4.30pm
Friday 14/07/23	

This is tier 3 training and available for patient facing clinical staff in wards and departments.

Please can we ask that Ward Manager/Ward Clerks book staff members onto the training by emailing:
Lindsey.hadden@nhs.net.
All bookings must include email address of the attendee.

FRACTURED FLOWERS **MARTYN CALLAGHAN**



I was sponsored to do my nursing by Kingston A&E and went back to them after I had graduated. In total I have had 14 years of A&E experience, I re-invented myself every two years.

In other words, I went back to the basics and got better at the things that I wasn't good at and knuckled down until they were not a problem anymore.

Fast forward to a few months before the birth of the 'Fractured flowers' and I was sitting in the dementia training day, taking notes, none of the actual lecture but of what can be done with this and it dawned on me that there was nothing like this anywhere and I mean anywhere!

I spoke to Tina and Jade about my new post as Hip Fracture Practitioner and asked for a meeting to hatch out my 'Fractured Flower' idea.

You could hear a pin drop at that meeting, the enthusiasm and ideas that had come out were very new to them and me but eventually a plan had been born.

A few meetings later and a concrete idea had started and the rest is history. The idea for the name came from a mixture of Fractured hips and forget me not flower.

We are still trialling a few things and introducing new structures to help out the Fractured Flower program but my vision is for this is to firstly go to the other trust sites then once well established with us then country wide. It has already started to grow wings and people are already talking about this pilot but we have managed to keep it in house so we have total control then release it later.

It's not perfect, but it is very different to how anyone is doing this and the results will speak for themselves in the long run. I have made sure that each and every stage is structured to be able to teach others and able to be used for future business plans to get funding to help this grow to the heights that it deserves.

I feel very passionate about this pilot because it has the key principles: Easy to do, easy to teach, benefits the patient and their family and works well. What more do you need?

MUSIC THERAPY

Nina Clarke the very talented and inspiring musician has come back to the Kent and Canterbury Hospital for staff training. Nina has shared her practice, ideas and enthusiasm with staff and then took some time to share music with patients within the wards. The effects on both staff and patients was very clear and Nina left everyone smiling and full of song!

Nina is hoping to secure funding for more sessions in 2023 and we are looking forward to them already! Thank you, Nina.

Thanks to East Kent Hospitals Charity for funding this project.



EDUCATING HEALTHCARE PROFESSIONALS WHO CARE FOR PATIENTS LIVING WITH DEMENTIA – THE ROLE OF CHARACTER



Jessica Peterson (Dementia Team Specialist Practitioner) and Professor Andrew Peterson (University of Birmingham) have developed and presented an article:

Jubilee Centre for Character and Virtues, University of Birmingham; Academy of Nursing, University of Exeter; & Nursing Ethics

'As with other professions, a core constituent of the relationship between nurses and their patients is trust, that trust is promoted through professionalism'

The article was well received and it provoked some interesting questions which will potentially lead to further exploration of research in this area. The article will be available in the Dementia Team shared folder please email Jessica if you would like a copy: jessica.peterson1@nhs.net



HUB RE-OPENING AT THE WILLIAM HARVEY HOSPITAL

After a long break due to Covid the Hubs are now re-opened and staff are being welcomed back! The WHH Hub Team have booked exciting and engaging speakers every Thursday between 10am

and 1pm. Specialist teams and services are available to share their knowledge so that staff can listen, engage and ask questions. All staff and students are welcomed and we would also love to hear from teams who would like to present their service. Since re-opening the Hub has welcomed between 30 and 60 staff members per week which results in a lot of sharing, morale building and education.

There is, of course, the opportunity to meet colleagues and very importantly there is a prize each week for one the staff who visit! Please contact jessica.peterson1@nhs.net to book the Hub at WHH.

THE IPADS HAVE ARRIVED!

Gemma King (Specialist Dementia Nurse Associate, QEQM) has worked tirelessly in obtaining these iPads to enable patients to video call their family members, if family members are unable to get into the hospital to visit their loved ones in person. This idea was born out of the pandemic when families were not able to visit the hospital to see their loved ones. With the ability to video call, families and patients can now maintain that all important contact whilst they are in hospital.

There is an iPad on every site (QEQM, KCH and WHH). Staff need to request to use the iPad from the Dementia Team if they feel that a patient and family will benefit from a video call. The Dementia Team will support with the call thereafter. Please request this by contacting your site dementia team.

We would like to say a big thank you to Gemma for her perseverance in obtaining these for our patients and their loved ones, it has been 2 years in the making; and for initially raising the money for the iPads through her raffle. Well done Gemma!!

Thank you to the EKHUFT Charity and the IT department for their support. We got there in the end!

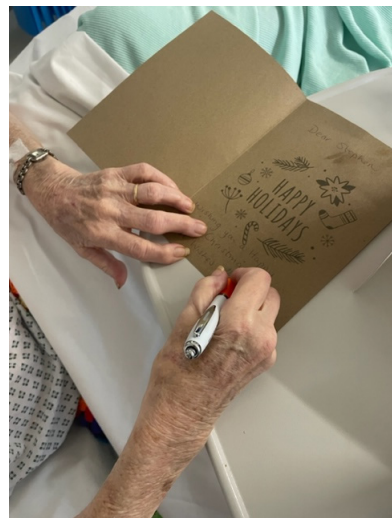


FESTIVE FUN



Our very own team member Ann took part in Alzheimer's elf day in December and raised £95 for them. Lots of staff took pictures and bought cupcakes. Patients had big smiles on their faces when Ann went into the wards.

Patients at the WHH were given the chance to write Christmas cards and share a small gift with their loved ones. We want to thank Lynn Lee who kindly knitted the small sacks that were filled with chocolate coins and Dee and Lizzie from East Kent Hospital Charity for the gift of the pens.

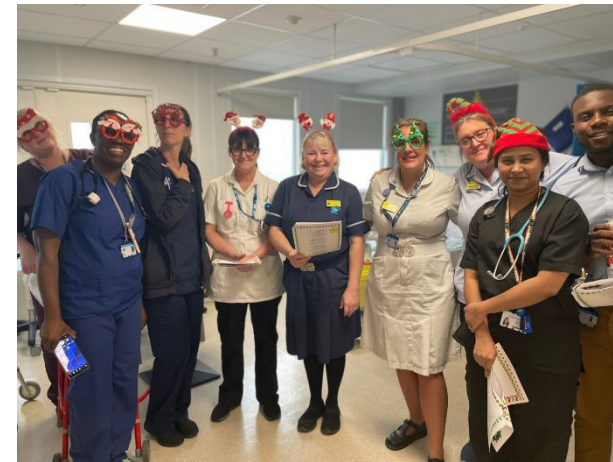


It meant so much to the carers who received the cards and gifts and also to the patients who were able to give at such an important time of the year.



People living with dementia did not miss out on the festive fun at the QEQM, thanks to our hard-working dementia team.

Tina Olver and Gemma King took patients from the wards to the Christmas carol service in the chapel, where they also shared mince pies. Those who were unable to make it to the chapel did not miss out, as the team brought Christmas to them with some carol singing on the frailty ward.



Patients also received quilted blankets specially made by volunteer quilter Catherine Northcutt and her friends, wrapped by Tina and Gemma ready for Christmas.

Gemma said: "The blankets brought a smile to our patients living with dementia who were in hospital over Christmas, and we're very grateful to Catherine and her friends for all their hard work.

"The Christmas carols were wonderful for getting everyone into a festive mood and spreading good cheer."



CHARITY UPDATE



East Kent Hospitals Charity



Tina Olver, specialist practitioner in dementia care, decided to get crafty with the help of colleague and registered nursing associate Gemma King.

The pair visited wards at the QEQM with sponges and paint, creating handprints of our patients, which they used to create beautiful cards with the words ‘Hold my hand forever more’ on. The cards were then addressed to their next of kin, to help create special memories to treasure this festive season and beyond.

“We would like to say a huge thank you to each and every staff member at the QEQM who has looked after our patients living with dementia throughout the year – without all your support the care our patients received would not have been possible.

“We’re also very grateful to East Kent Hospitals Charity for their support in funding items for the wards to help keep our dementia activities boxes filled up.”

Tina and Gemma held their own fundraising event in the hub in December, and used the money to buy hair clippers and beard trimmers, as well as more arts and crafts supplies.



We’ve had a super busy festive period, with many many wonderful donations from our amazing communities, and we are really excited about the year ahead of us!

We have recently launched our fundraising events calendar, which gives details of lots of challenges and opportunities to take part in marathons, colour runs and wing walks! You can find out more about this by visiting our website.

We wanted to say a few very special thank you’s to some of our donors and supporters, who ensure that we can continue to provide twiddlemuffs and blankets, as well as fund initiative such as the musical therapy that was mention on page 6 and the iPads which have been so well received by patients and staff.



FESTIVE GIVING

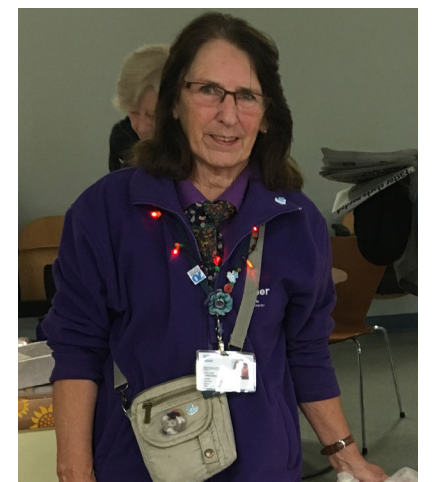
We have a very kind donor who has made a festive donation for several years now. After losing her sister to dementia, our donor decided to use the money that she would have spent on her sister’s Christmas gift by buying some gifts for patients on the ward instead. We’d like to say a huge thank you to her for this touching idea- it certainly made a real difference to the lucky patients who received these gifts.



SUE THREADINGHAM

Sue is a committed fundraiser, who has been dedicating her time and energy since 2016 towards the Dementia Appeal. We recently received £896.99 from her, following sales of her delicious jams and other home-made produce- bringing the total raised to an incredible £8585.10!

Thank you so much, Sue. You are an inspiration.



DBL STITCHING GROUP

The Dover Big Local Stitching Group continue to get busy with their knitting needles and produce incredibly beautiful twiddlemuffs, blankets, and many many more crafted items for patients living with dementia, as well as other wards across EKHUFT. WE last visited them in October 2022, and look forward to seeing them soon!



PRINCES GOLF CLUB

East Kent Hospitals Charity have been proud to be selected as the Charity of the Year by the Lady Captain of Princes Golf Club, in Sandwich. The club have fundraised for the Dementia Fund during 2022, and we will be announcing the total amount raised very soon- keep an eye on our social media for more information!

CANTERBURY GOLF CLUB

During 2022, the Lady Captain of Canterbury Golf Club selected East Kent Hospitals Charity as her Charity of the Year, raising funds for the Breast Screening Unit at Kent and Canterbury Hospital. We were delighted, then, to hear that the incoming Lady Captain and President of Canterbury Golf Club had chosen the Dementia Fund to support during 2023! We are so excited about working closely with the Club over the coming year, and will be kicking off their fundraising with a Dementia Friends input, from Ann McGovern.

If you would like to donate or support East Kent Hospitals Charity, please get in touch- we would love to hear from you!

Contact Us

Web & Email :
www.ekhcharity.org.uk
hello@ekhcharity.org.uk

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